

### TEEN SERVICES

125 N. Maple Avenue, Ridgewood, NJ 07450 Tel: 201.670.5600 x 110

www.ridgewoodlibrary.org/teens

# GUIDE TO ACADEMIC SUCCESS: STUDY SKILLS & EXECUTIVE FUNCTIONING

WITH NOVELLA PREP

We'd like to invite parents and teens to join us in a conversation with Novella Prep. This is a unique opportunity to learn from Novella Prep Founder, Dr. Tony Di Giacomo, and ask your burning study skills and college application questions. Whether a student is struggling with focus, engagement, and academic performance, or is high performing, there is always room for improvement in optimizing study habit effectiveness and efficiency through core study and executive functioning skills. This conversation reviews these essential skills and how students can develop and use these strategies to live a more balanced and successful student lifestyle!

## TUESDAY, DECEMBER 6 @7-8PM





#### You will learn to...

- Cultivate career interests
- Manage priorities
- Begin college advising
- Develop rapport
- Improve time management
- Increase planning and organization skills
- Develop proactive communication
- Prioritize tasks
- · Create healthy study habits

### **CONTACT NOVELLA PREP**

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